

The HERALD

Volume 110, Issue 4

"Growing Community in Christ"

May 2010

May Events!

May 2: Youth Musical at 9: 30 am Grief Share at Olivet Lutheran May 8 & 9: Fair Trade Fair at Civic May 9: Happy Mother's Day! Worship at 9:30 am Last Sunday School New Member Gathering at 10:45 am May 12 & 13: St. John Preschool Spring Program May 13, 20 & 27: NDSU Parenting Class at St. John May 14: Articles due for June/July Herald May 15: Skillet Concert May 16: Worship at 9:30 am Recognition of graduating seniors New Member Gathering at 10:45 am Mentor/9th Grade Gathering-6:30 pm CROP Walk at 2 pm May 18: Foot Care Clinic May 19: Baccalaureate Service at Hope South May 21: Last day of Preschool May 22: Fargo Marathon May 23: Pentecost/New Member Sun. Worship at 9:30 am Council Retreat May 24: NDSU Parenting class May 30: Trinity Sunday Worship at 9:30 am May 31: Memorial Day Office closed

CONGRATULATIONS to St. John

member, Pastor Jim Alger, on the 50th Anniversary of his ordination. Jim was given special recognition at the Synod Convention held in Jamestown in April. Jim is an active member at St. John with special interests and talents in directing the St. John Drama group.

Worship in May

One Service Only 9:30 a.m. Sunday School at 10:40 a.m. Come join us!



An Experiment in Community Life!

You Are Invited!

The Youth Choir of St. John Lutheran Church presents the Musical:

"The Puzzling Parables"

Sunday, May 2 at 9:30 am

Sunday, May 16 Worship-9:30 am

A special recognition of our graduating seniors.

May 8 & 9 Fair Trade Fair! At the Civic Center, Fargo Come support St. John's booth! See page 2 for more info. **Sunday, May 23** Pentecost: Worship-9:30 am

Wear red for Pentecost! Also, New Member Sunday.

May 19

Baccalaureate Service, 7:30 pm For all graduating seniors Hope Lutheran Church, South campus, Fargo See page 5 for more info.

2010 CROP WALK: Sunday, May 16 at 2 pm Walk begins at St. John Lutheran!

2010 CROP WALK raises awareness and funds for international relief and development, as well as local hunger-fighting. 25% of the proceeds raised stay in the F-M area to support the Salvation Army, Churches United, Dorothy Day House etc. For more info, go to: http://www.churchworldservice.org. This year, there are 3 routes of 1K, 5K and 10K lengths, so everyone can participate! If you have questions, would like to walk, or would like to sponsor another walker at St. John, see Darrin Hawley or Allan Peterson or stop by the CROP table in the narthex on Sunday mornings.

New Member Sunday: May 23, 9:30 am

The New Member Orientation Gatherings, "*Come, Grow With Us!*" will be on **Sundays, May 9 & 16 at 10:45 am.** Call the church office for more information, 232-8521.

Visit our Lutheran World Relief FAIR TRADE FAIR

For gifts that make a world of difference!

When: May 8 & 9: (Sat. 9 am-5 pm; & Sun. 11 am-4 pm) Where: Civic Center, Fargo Contact: Rachel Asleson, 701-232-8921 Sponsored by: St. John Green Committee

VOLUNTEERS NEEDED!

Volunteers are needed to inventory boxes of Fair Trade products, set-up St. John's booth at the Green Expo, man the booth during the Expo hours, take down the booth and package-up unsold items to return. If you have a knack for detail, be sure to sign up to inventory the wonderful items from around the world. Those with an eye for merchandising are needed to set-up the booth on Friday, May 7. Salesmanship and handling money are great talents for the volunteers who will man the booth on Saturday and Sunday. Call Rachel Asleson to volunteer, 232-8921.

2010 St. John VACTION BIBLE SCHOOL August 15-19

6-8:30 pm Sunday-Wednesday; 6-7:30 pm Thursday (program at 7:30 pm)

For 3 year olds (will be 3 by Sept. 1) through (going into) 5th grade.

To register and to volunteer, follow the link at www.stjohnfargo.com. Final program will be on Thursday at 7:30 pm.

A donation of 10/child with a max of 25/family is suggested. However, no one is turned away, pay only what you can.

Bring a friend or two!

'The Herald' St. John Lutheran Church 1710 5th St. S., Fargo, ND 58103 701-232-8521 e-mail: office@stjohnfargo.com web page: www.stjohnfargo.com

The Ministry Team of St. John All the People of God, along with: Rev. Ronald E. Bock Pat Mugan, Administrator Dawn Papenfuss, Director of Music/Organ Brenda Bauer, Faith Community Nurse Jessica Miller. Director of Youth & Family Ministries Judy Haugo, Secretary Richard Henderson, Custodian Jana Bruhschwein, Preschool Director Connie Tranby, Kellie Knodel **Preschool Teachers** Jeri Ekstrom, Wedding Coordinator Lindsay Boyd, Youth Choir Robert & Bonnie Ames, Gospel Group Peggy Hammerling, Recorders Jessica Westgard, Handbells Dean Froslie, Web site manager Editor: Judy Haugo

Articles accepted before <u>1 pm on Friday</u>, <u>May14</u> for the June/July 2010 'Herald'.

CHURCH COUNCIL

Deb Magnuson-President Rachel Asleson, Keith Burck -VP Larry Papenfuss-Secretary

Worship: Dean Froslie, Carol Stevens Education: Virginia Jahnke (preschool liaison) Mission: Bruce Nelson, Sarah Franson Community Life & Evangelism: Paul Graalum, Skip Bye, Joyce Meyer Youth: Susan Quandt Parish Health: Bruce Nelson, Sarah Franson

Executive Council: Rachel Asleson, Keith Burck, Deb Magnuson, Larry Papenfuss, Pastor Ron Bock, Pat Mugan

ORGANIZATIONAL REPRESENTATIVES Bethany Homes: Sylvan Melroe Church United for the Homeless: Allan Peterson YWCA: Rachel Dahl Lutheran Social Service: Joel Kangas





Dawn Papenfuss, Director of Music (232-8521), dawn@stjohnfargo.com

'THANK YOU' to the Youth Choir and their parents for all the work it took to put on the musical. We appreciate the extra rehearsals and extra sacrifices which were made by them. We are so fortunate to have such committed kids and parents!

Thank you to *Lindsay Boyd* for directing the musical and for all the energy and life she adds to our music program!

Thank you to all Music Directors and participants. It has been an exciting year at St. John and we can all look forward to next fall.

May 9: Mother's DaySt. John Choir, "Kum Bah Yah"; Worship BandI for all theMay 16: Graduating Seniors Recognition

- St. John Choir-?
- May 23: Pentecost, St. John Choir

May 30: Memorial Weekend

Join us for OUTDOOR SUMMER WORSHIP on Wednesdays during June and July at 7:00 pm! **USHERS:** The <u>summer schedule</u> for the ushers will be mailed out the middle of June. Please call the church office (232-8521) with any Sundays that you cannot usher this summer! This helps tremendously for planning the schedule. <u>This schedule will begin with</u> <u>Sunday, July 4.</u> Thank you!

You Are Invited!

The Youth Choir of St. John Lutheran Church presents the Musical:

"The Puzzling Parables"

> Text by Trilby Jordan Music by Albert Zabel

Sunday, May 2 9:30 am



This entertaining musical explores the "mysterious parables" of Jesus. The teacher of a bored Sunday School class approaches the parables as a mystery and captures the students' interest as they work to "crack the case" and "solve the mystery". The musical teaches Biblical concepts in a lighthearted and humorous way. Come to worship and enjoy learning more about God and the importance of going to Sunday School!

The Youth Choir consists of grades 6-12.

Bethany Homes Annual Meeting Report

CHOIR SCHEDULE May Worship: 1 service beginning at 9:30 am

May 2: Youth Musical: "The Puzzling Parables"

Bethany Retirement Living, Fargo, is sponsored by 40 area North Dakota ELCA congregations, including St. John. **Sylvan Melroe**, is St. John's representative to Bethany Homes. He recently attended their annual meeting on April 13. This is his report.

Delegates elected four Trustees to Bethany's eleven-member governing board and also elected next year's Nominating Committee. Reports were presented by Board Choir Butch McConn, President/CEO Shawn Stuhaug and various Department Directors.

Bethany on University consists of a 172-bed nursing facility (Skilled); assisted living facilities (Towers I and II) housing 145 residents (33 of these units are Basic Care); 35 independent living units at Bethany Kinder House; Bethany Personal Care Services and Bethany's Foundation.

Bethany of 42nd consists of a 78 bed nursing facility (52 Skilled beds and 26 Transitional Care beds); and 40 assisted living units (Bethany Gables).

Bethany remains thankful for the volunteer hours provided through Congregation Auxiliary members and pastoral support, as well as the prayers, visits and financial support received from congregational members.

Respectfully submitted, Sylvan Melroe







Parish Health Ministry

Brenda Bauer—Faith Community Nurse (232-8521) e-mail: pnurse@stjohnfargo.com

Growing Together, Literally!

St John's Mission Statement is "Growing Community Together in Christ." I would like to add the word, "Growing Healthy Communities Together in Christ." We are looking for people who like to be part of a community garden ministry here at St. John. This project is designed to take vacant areas and make them



community garden ministry here at St. John. This project is designed to take vacant areas and make them into healthy productive garden spots for the New American families. It provides wonderful healthy vegetables and fun opportunities to learn as we dig, plant, and reap the harvest. It has been a project through Olivet Lutheran and First United Methodist Churches and we are looking to expand the project to St. John. Those who are interested in lending a hand, a hoe, and some sweat to make healthy foods and build community while gardening may contact: **Lynn Wolff** at 701-235-6733, <u>blr101@q.com</u> or **Jeff Botnen** at 701-238-3762, jeffbotnen@parkcompany.com



Walking/Running for Your Health or for a Cause. We need your pictures!

We would like to encourage all members to enjoy the gift of life and breath given to you by walking/running/riding this summer. We will be making a display board where you can

post a picture of you/or your team as you take part in walks/marathons/ runs/rides. Bring your pictures and a short written description of the significance of the event or your training. **Those who bring a picture** will have their names put into a drawing for a special prize!!

> **Coming in August "Streets Alive"** Watch for more information about this special Sunday!

Grief Share Final Class: Sunday, May 2 at 2 pm Olivet Lutheran Church, Topic: "The Whitewater of Grief" The leaders will be valuating and reworking the program for fall 2010. We welcome suggestions.

Needed: Knitters/Crocheters to make prayer shawls. Patterns provided!

If you or a loved one is hospitalized...please call the church office or have a chaplain contact us. We are not automatically notified.

Parish Health Ministry Meeting: May 16th Following Worship!

Blood Pressure Checks Wednesday Mornings 9-11 and 1st Sunday of the Month

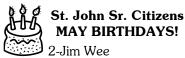
> Baby Massage Class Coming in June... more details in June Newsletter

Exercise Programs



As the summer season approaches we take some time off from the regular sched-

ule.....but do not quit exercising. Yoga with Gini will meet on May 3rd and 10th at 10am. Faithfully Fit meets on Wednesdays at 11am. Last Day of class will be May 19th.



2-Jim Wee 9-Elmer Ekern 17-Elaine Benner 25-Harley Erickson

25-Harley Erickson 25-Virginia Jahnke 29-Donald Rudolph 30-Jim Alger

A NEW PARISH HEALTH MINISTRY will

be started in the Bennett Park and Romkey Park neighborhoods by Morning Star Lutheran (an ELCA servant community in Moorhead). *St. John member, Joan Bachman*, is the new Parish Nurse in charge of this ministry! *Join us on Tues., May 4 from 5-6:30 pm at the Bennett Community Center* located near the corner of S 4th Ave and S 17th St, Moorhead. You are invited to join the festivities which will include: A Health fair, meeting the new parish nurse, commissioning of the new parish nurse, and learning more about the new ministry along with good fellowship with pizza and pop!

St. John to Host Parenting Series

St. John will be hosting the 5 session series, "Nurtured Heart Approach to Parenting" beginning in May on Monday or Thursday evenings. This



Parenting" beginning in May on Monday or Thursday evenings. This approach is designed to give parents tools to help children live life in a positive way and to flourish. The cost of this series is \$25 per person or \$35 for a couple. Child care will be provided upon request at registration. For details on the classes call Cass County Extension 241-5700 or email <u>diane.langer@ndsu.edu</u>.

Foot Care Screening/Care: May 18 At present, the clinic is full, but if you wish

to be on a waiting list call the office. Cost is \$16 and payment is to Merit Care Home Care. We are in need of helpers/workers to assist with this service and mission. There are funds to help with payment of workers. Contact Brenda if interested.

MEMORIALS

Parish Nurse Fund: In memory of Elenor Johnson: Rick & Shirley Bolme, Ruth Braaten, Don & Carolyn Thue In memory of Joyce Luther: Jane Nissen In memory of Arvis Forde: Allen & Judy Peterson, Jane Nissen In memory of Ron Urbach: Dennis & Judy Nims In memory of Helen Tollefson: Jane Nissen In memory of Fern Heaton: Dick & Diane Stenberg, Ken & Ruth Kautzman In memory of Loren Eizenzimmer: Dave & Gini Duval

St. John Foundation: In memory of Helen Tollefson: Judy & Fred Haugo

Special Music Fund:

In memory of Helen Tollefson: Larry & Dawn Papenfuss, Bruce & Lois Nelson, Ken & Ruth Kautzman, Allan & Judy Peterson, Lyle & Rosie Fritz

Good Samaritan Fund:

In memory of Ron Urbach: Carol Stevens, Ken & Ruth Kautzman In memory of JoAnn Stone: Jeri Ekstrom In memory of Glenn Heaton: Jeri Ekstrom

General Memorial Fund:

In memory of Ron Urbach: Virginia Dick In memory of Elenor Johnson: Gaylon & Robin Anderson

Address Changes

Blanch Braasch PO Box 1747 Fargo, ND 58107

Rory Skramstad 2601 36th Ave S #106 Fargo, ND 58104

Mavis Cross 4420 37th Ave S #501 Fargo, ND 58104

Dee Fealy 3550 42nd St S #309 Fargo, ND 58104

Lucas & Shanna Fischer 501 1st Ave SE Dilworth, MN 56529

2010 Financial Status

(January 1-March 25, 2010) Income-to-Date \$153,676 Average Weekly Receipts: 9,040 April Mission of the Month: Lutheran World Relief/ **Global Health Ministries** \$205

Church Women United: May Friendship Day Friday, May 7 at 7 pm

First Congregational Church, 1101 17th Ave S, Fargo This annual event unites Christian women in a common worshiping experience. Theme: "Living the Vision" & Festival of the Least Coin. All are welcome.

REMEMBER TO KEEP THESE MEMBERS IN YOUR PRAYERS

Members with Special Concerns: Chelsey Letnes, Henry Kruse, Roger Roseth, Mike Root, Lily Flaten, baby Adam Paul Hovdenes, Norma Jones

Baptisms: 4-3: Taylor Milbrett, daughter of Ryan Hubert & Nicole Milbrett 4-3: Grace Miller, daughter of Hans & Alyssa Miller

4-11: Elise and Claire Froslie, daughters of Dean Froslie & Erin Hemme-Froslie 4-25: Haylee Christensen-Morin, daughter of Renee Christensen & Noe Morin

Grieving:

Gloria & Will Pechtel and family: death of their relative, JoAnn Stone. The family of Glen Heaton as they grieve his death.

Deb & Steve Braasch and family: Deb's father, Roger Torgerson.

Cheryl Urbach and family: Cheryl's brother, Ron Urbach.

Cindy & Guy Galliger and family: Cindy's brother, Darryl Gader.

Marv & Diana Heaton and family: Marv's mother, Fern Heaton.

Military personnel on active duty: Mark Stenberg, Nathan Reierson.

Service Unit for MAY 2010 (Unit #3)

Heidi Anderson Joan Bachman Troy & Ali Becker Karen & Gary Boe Marvin & Marlene Buus Dennis & Merri Dunlop Dan & Lynnsey Durr Wayne & Danella Flaten Guy & Cindy Galliger Virginia Jahnke Norma Jones Brian & Kirstin Kounovsky Nancy Larson Joyce Meyer Jessica & Brent Miller Dave & Robin Oestreich

Gloria & Will Pechtel Dan & Sherry Pederson Rory Skramstad Dan & Paula Frazee Sperling Sue Stokka Tim & Laura Stokka Judith Winter

JUNE 2010 (Unit #6)

Wayne & Sandra Aamoth Patricia & Brad Arett Ron & Nancy Bock Butch & Valerie Buchanan John & Darla Dockter David & Gini Duval Alvin Ekern Vern & JoAnn Flanagan

Peter & Monica Graber Brent & Kim Hass Fred & Judy Haugo Judith Kennedy, June Eckert Earl & Debra Magnuson Sara & Nathan Oestrich Marcella Peterson Wendell & Mary Prim

Tim & Ann Richter Ken & Kathi Roseth & Bob Fischer Warren Swenson Halder & Karen Thompson Harold & Vicki Trimmer Lori & Joseph Wetch Lynn Wolff & Gail Reierson

St. John **Pictorial Directory**



Plans are underway to complete a St. John Pictorial directory this fall!

Right now, we need members to start taking photos of activities happening at St. John. Please use a digital camera.

Tentative photography dates are scheduled for September and October. More information to come.





May '10 Sunday School News!

Sunday School Leadership Team: Cindy Bloom (280-9544), Shelly Hawley, Heidi Twedt

Sunday School Schedule for May 2 & 9 at <u>10:40 am</u>

"Egypt: Joseph's Journey from Prison to Palace". Worship at 9:30 am with snacks in the parlor after worship. Sunday School will then meet in the Fellowship Hall from 10:40-11:30 am. If you haven't been to *"Egypt Sunday* School", come check it out! May 9th is the last SS. **2010 Vacation Bible School: August 15-19, in the evenings.** To register, go to the St. John website and click on the VBS link: www.stjohnfargo.com.

A VERY SPECIAL THANK YOU to all of our Sunday School teachers! Your commitment and dedication to our kids is awe-inspiring!

CONFIRMATION

6, 7, 8 & 9th Graders: Worship Notes! Your 20 worship notes are due the end of May! Remember, any worship notes not completed will be carried over to next year! Please bring them to the Church Office.

Grade 9-Mentor Gathering on Sun., May 16 at 6:30 pm-Hand in your paper! Subject of paper: "What Being a Disciple of Jesus Means to Me" (2-page, no larger than 12 point, double-spaced.)

Congratulations to all the St. John Seniors graduating from High School this spring! Senior Recognition Sunday is <u>May 16 at 9:30 am</u>

Jillian Bethke	Siri Burck	Emmanuel Dralu	Molly Grundysen	Nicolas Larson	Hilary Wennblom
Eric Braasch	Casey Charon	Gerad Fugleberg	Timothy Keller	Laura Vance	



Q

Please mail in your graduation photo (billfold size) with information on your future plans. Photos will be displayed on the youth bulletin board.

A Community Baccalaureate Service will be held at Hope Lutheran Church (South Campus),

Wednesday, May 19 at 7:30 pm.

CHILDREN are BLOOMING at NOKOMIS!

'Friends of Nokomis' members are selling zonal geranium plants in **<u>4 1/2" pots for \$4.50 each</u>**.

These hardy plants are grown from cuttings at Levi Runions Greenhouse and are available in

4 colors (see below). Your Friends of Nokomis representative <u>will be accepting orders until May 9th</u>. The plants will be delivered to your house.

This fundraiser helps children continue to "bloom" at the Nokomis Child Care Centers of the Village. Supplemental funding is provided by Thrivent Financial for Lutherans. For every plant purchased, \$1.65 will be used to benefit the children of Nokomis and can be considered a donation.

Contact <u>Sharon Albrecht</u>, St. John Nokomis representative (237-6895), or mail your order and check <u>payable to "Friends of Nokomis</u>" to St. John Lutheran Church.

Name		Phone	
	<u># of Plants</u> Red Pink	Salmon (Schoene Helena) White	H
	Total Plants ordered	@ \$4.50 each	



MAY Mission of the Month: F-M CROP WALK (May 16 at 2 pm)

The F-M Area CROP Walk is a community wide event held to help STOP hunger and its effects throughout the world. Its beginnings in the FM community go back to the mid 1970's.

The 2009 CROP Walk was the first conducted under a new group of local community organizers. Prior to his "retirement" from his role as the leader of the FM CROP Walk, Pastor Les Wassberg from Elim Lutheran, had been instrumental in leading this effort for a number of years.

St. John Lutheran, will again serve as the registration site for this year's FM Area CROP Walk on **Sunday, May 16** and our church parking lot will be the gathering location where the Walk will begin at **2 pm**. More details about the Walk will be available at the table set up at church on Sunday mornings prior to the Walk to help to promote the event.

Since the inception of the local Walk, members from St. John have walked and raised a significant amount of money for the CROP Walk.

The primary purposes for the CROP Walk are to raise money to help STOP hunger and to raise public awareness of the effects of chronic hunger that exists. Local agencies receiving support from the CROP Walk include the Salvation Army, Churches United for the Homeless, the F-M Food Pantry, the F-M YWCA Shelter, the New Life Center, the Dorothy Day House and the Great Plains Food Bank.

The remainder of the funds raised by the Walk are used by Church World Service (CWS) to provide its services in over 200 countries. Most recently, they have worked through partner agencies to address the needs of people affected by the earthquakes in China, Chile and Haiti.

In many countries where chronic food shortages exist, Church World Service provides programs to teach people agricultural techniques that enable them to raise more and better crops, help obtain clean healthy water supplies, help build and establish much needed schools and health and medical care facilities. The techniques that are taught through these programs employ "green technology".

The needs are great and your participation in the CROP Walk does truly make a difference! Thank you so much! Submitted by Alan Peterson

Opportunities for Health Kit Making! 3 ways to help with the Health Kits: Health Kits-Items listed below are for 1 Health Kit. 1-Make a kit as a Please donate all items for 1 kit or any amount that you are able. family project; Items needed by Monday, May 10! 2-Donate suggested items; \sim 1 hand towel, dark color recommended 3-Make a financial \sim 1 washcloth, dark color donation! Write a \sim 1 bath-size bar of soap (4-5 oz), any brand, in its original wrapping check to 'St. John', \sim 1 adult-size toothbrush in its original packaging memo line-'Health \sim 1 sturdy comb, remove packaging Kits'. \sim 1 metal nail file or nail clippers with file attached, remove packaging (Approximate cost to handle & ship 1 Health (do not substitute cardboard emery boards for the file) Kit overseas is \$2.65.) ~6 Band-aids (or similar brand), preferably 1/2" to 3/4"; Sponsored by Ruth secured together with a rubber band Circle. <u>∹</u>~

How to assemble a Health Kit:

All items should be new and in good condition. Wrap smaller items in the washcloth; wrap washcloth and remaining items in the towel and tie securely with ribbons or yarn.

<u>Do not</u> enclose the kit or any of its contents in plastic bags.

<u>Do not</u> add other items or leave out any of the listed items.

Do not include toothpaste in the health kits as it will be added at the LWR warehouse prior to shipment.



St. John Lutheran Church 1710 South 5th Street Fargo, ND 58103

CHANGE SERVICE REQUESTED

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Wednesdays in June & July

Plan now to join us for *Wednesdays in June & July* a mid-week outdoor worship service on the lawn (weather permitting).

Worship starts Wednesday, June 2, at 7:00 p.m. Bring a lawn chair or blanket for really comfortable seating and invite your friends and neighbors!



ST.JOHN CHRISTIAN PRESCHOOL Preschool Registration for Fall 2010

Call or e-mail Jana, Preschool Director, 232-2189 or 261-9920; preschool@stjohnfargo.com

YWCA Emergency Shelter Needs for May:

Donations can be dropped off at the Emergency Shelter, 3000 S. University, Fargo

<u>Most Urgent Needs:</u> Deodorant Body Wash Disinfecting spray/wipes Gas & grocery gift cards Paper products (paper towels, toilet paper etc.) Sand for sandbox Seasonal Clothing: Women's underwear Children's slippers Children's socks (5T-larger) Children's underwear (all sizes) Adult & youth swimsuits (all sizes)

<u>Household:</u> Hand/dish soap Laundry detergent & fabric softener Glass cleaner, counter top spray, bathroom cleaners

Other:

New bike helmets New full sheet sets Stroller & double strollers Gently used furniture <u>Hygiene:</u> Potty chair inserts Shaving cream Antibiotic cream Diapers (size 5-6) Pull-ups (girls & boys, all sizes) Children's bubble bath & bath toys Unscented lotions/ hand cream Feminine hygiene products

Food:

Fresh/frozen meat, produce, dairy, box dinner Any and all food is needed